Important Notes

- We are open Monday to Friday, 9 AM - 5 PM.
- The process can be difficult and may bring up painful memories, so it's important to consider what support you might need.
- If now isn't the right time for your assessment, that's okay — you can be re-referred later.
- Please note we do not offer re-assessments or second opinions.
- See our eligibility criteria for more information:

(https://www.mpft.nhs.uk/services/autism-assessment-service-shropshire-telford-and-wrekin)



After the Assessment

- We will tell you if you have Autism Spectrum Disorder.
- A report will be shared with you and your GP.
- Once complete, you will be discharged from the service.
- Post-diagnostic support is available at your local Autism Hub.

While you are waiting you can access preassessment support through your local Autism Hub:

TELFORD AUTISM HUB

Email: asd.telford@nhs.net
Address: Telford Autism Hub, Hazeldine House, Central Square, Telford, TF3 4JL

SHROPSHIRE AUTISM HUB

Email: asd.shropshire@nhs.net
Address: A4U, Louise House, Roman Road, Shrewsbury, SY3 9JN

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NHS Midlands Partnership University NHS Foundation Trust

Autism Assessment

We provide autism assessments for adults in Shropshire and Telford. Our service follows the best practice guidance.

TELFORD AUTISM HUB · CVS Telford and Wrekin · Shropshire Autism Hub · Adult Autism Services



What Happens Next

- We will contact you when an appointment is available.
- Tell us if your contact details change or if you need extra support.
- While you wait, you can get help from your local Autism Hub.

Where we offer appointments

We offer face to face appointments where possible.

We have clinics in:

- Fuller House, Hall Court
- Hazeldine House (Telford Autism Hub)
- Severn Fields, Shrewsbury
- Louise House (Shropshire Autism Hub)
- Cottage Hospital, Market Drayton
- Corve Street, Ludlow

Home visits are not available.

If you are not able to come to a face-to-face appointment, please discuss this with the Autism Hub when you are referred.

Your local Autism Hub will be able to support you. They can work with you to prepare for this appointment and can even support you during the appointment if this would be helpful. Please tell us about any reasonable adjustments which will assist you during your assessment'

Alternatively, they can discuss different options for assessment which are available through Right to Choose.

Your Autism Assessment

- You may be asked to come into your first appointment on your own. This is so we can find out more about your communication skills. You will have the opportunity to bring someone into your next appointment.
- You will be asked questions and maybe asked to do some tasks
- We welcome input from people who know you well.
- We ask about your early childhood and if we could talk to a parent or someone who knew you then.
- If no-one is available then we can send you a questionnaire to help you gather further information.
- You will meet more that one clinician during your assessment.
- We also consider other conditions during our assessment so we may signpost you back to your GP or other health professional for further assessment.