Understanding your results

No signs of diabetic retinopathy

- There are no diabetic changes seen.
- There is very low risk of sight-threatening retinopathy.

Recall you will be invited back in 1 or 2 years (see QR code for more information on 2-year recall).

If you are unable to scan the QR code, ask the screener or call the office on 0300 303 0887 for a paper copy.

Some background retinopathy

- Diabetes has caused small changes to your eyes.
- No changes to your vision at present due to diabetes.
- We recommend having good control of your
  - Blood Sugar
  - Blood Pressure
  - Cholesterol

Recall you will be asked to come back in 1 year.

Diabetic maculopathy

- There have been changes to the macula area, which helps you with central, detailed and colour vision.
- We need to look closely at the layers of your eye. This is to detect any unwanted fluid.

Recall You will be asked to come back for a specialised test. This could be in 3,6 or 9 months.
This specialised camera is not available at all our clinic locations. You may need to go to a different location.

Pre-proliferative diabetic retinopathy

- Diabetes has caused serious changes to the blood vessels at the back of your eyes.
- This increases the chance of having problems with your eyesight.

Recall You will be asked to come back for a specialised test. This could be in 3,6 or 9 months.
This specialised camera is not available at all our clinic locations. You may need to go to a different location.

Proliferative diabetic retinopathy

- Changes that may affect your sight if not treated
- We will refer you to the Hospital
- You will be offered treatment, if needed

Photos taken were not clear enough to get a result

- Poor quality images may result from eye conditions like cataracts, corneal issues or other problems during photography.

Recall You will be asked to come back for an examination on a slit lamp within 3 months.
This equipment is not available at all our clinic locations. You may need to go to a different location

We may refer you to the Hospital Eye Services or your GP if we think you need further tests or treatment.

It is important that you attend any follow up appointments.