How to contact us:

Write to:
Community Learning
Disability Team
1st Floor Friary Centre
St Michaels Court
Trent Valley Road
Lichfield
Staffordshire
WS13 6EF

Write to:
Community Learning
Disability Team
St Georges Hospital
Flanagan Centre
Corporation Street
Stafford
Staffordshire
ST16 3AG

Email CLDTStaffs@mpft.nhs.uk

Telephone: 01785 221576

	IN AN EMERGENCY Monday-Friday between 9.00am-5.00pm. Ring 01785 221576 Ask for your Nurse, Doctor, Occupational Therapy, or Psychologist. If they are not there, ask for the Clinical Co-ordinator.
Out of Hours Emergency Care	On Saturdays, Sundays or Bank Holidays or if it is before 9.00 am or after 5pm: Medical problems call your G.P. (doctor) or NHS 111. Mental Health problems call the Access Team 0300 555 5001. Social Services call 0345 604 2886.
Emergency	If you or another person is very ill, please phone 999 and ask for 'Ambulance'. If you or another person is in danger, please phone 999 and ask for 'Police'. If there is a fire, please phone 999 ask for 'Fire Service'.

If you require this information in another language or any other format, please contact Customer Services on 01785 783023 or customer.services@mpft.nhs.uk

Adult Learning Disabilities

NHS
Midlands Partnership University
NHS Foundation Trust

The Adult Community Learning Disability Service



Assessing Your Abilities

Why are my abilities being assessed?

We are a service for adults who have a learning disability. We offer to assess people's ability when:

a) it is not clear if they have a learning disability or
b) it would help to understand more about your strengths and needs



It is up to you to decide if you want to do an ability assessment. This leaflet tells you more about it to help decide what you want to do.

What is a learning disability

A learning disability affects the way someone learns and understands new information.







People with a learning disability tend to take longer to learn and may need support to develop new skills and communicate with other people.

It's important to remember that with the right support, most people with a learning disability in the UK can lead independent lives.

What happens in the assessment?



The ability assessment is in three parts. We will talk to you about:

1. Your past history.
2. How you cope looking after yourself and your home day to-today
3. Look at your skills answering questions and doing problems and puzzles on something called an IQ test or cognitive assessment.



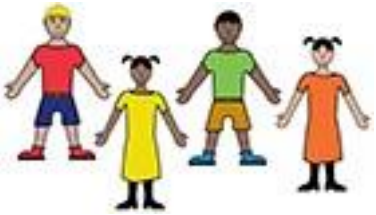
We will talk to you and the people who know you best. This may be your family or the people who work with you.

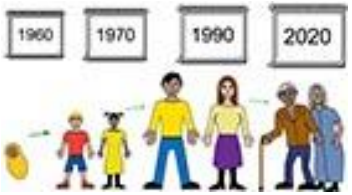
These things are explained more on the following pages.

Past history

We will ask about your childhood.

We will ask about your life now.







We will ask about your life. The things that have been easy and the things that have been more difficult.

Coping day to day

We use a questionnaire called the ABAS-3 to find out about all the skills you use to cope in day-to-day life. ABAS stands for the Adaptive Behaviour Ability Scale.

We like to do this questionnaire with you and someone else who knows you well. It asks how well you cope with things like:



Cooking and cleaning



Leisure and hobbies



Travelling

IQ Assessment

This section tells you about the IQ assessment that is part of the ability assessment.

The IQ assessment helps us to find out how good you are with words and numbers, and how good you are at working out puzzles and problems.

It will help us to find out what you find easy and what you find more difficult. It also helps us to work out the best ways for other people to support you.

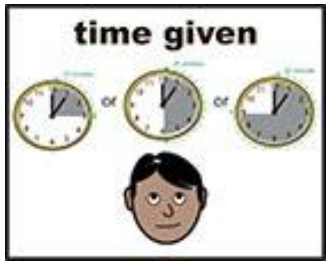




The IQ assessment is called the WAIS.

What is the WAIS? How long does it take?

WAIS stands for the Wechsler Adult Intelligence Scale. It usually takes between 1-2 hours, but you don't have to do it all in one go.



Everybody finds some parts easy and some parts more difficult. But you just need to do the best you can.

Some questions have numbers

1 2 3

Some questions have pictures







Some questions have words

ORANGE

Everyone's Different

At the end of the IQ assessment, you will get some scores.

Some people are good with word tasks.
Some people are good at picture tasks.

Scores can be anywhere between 0 –160.

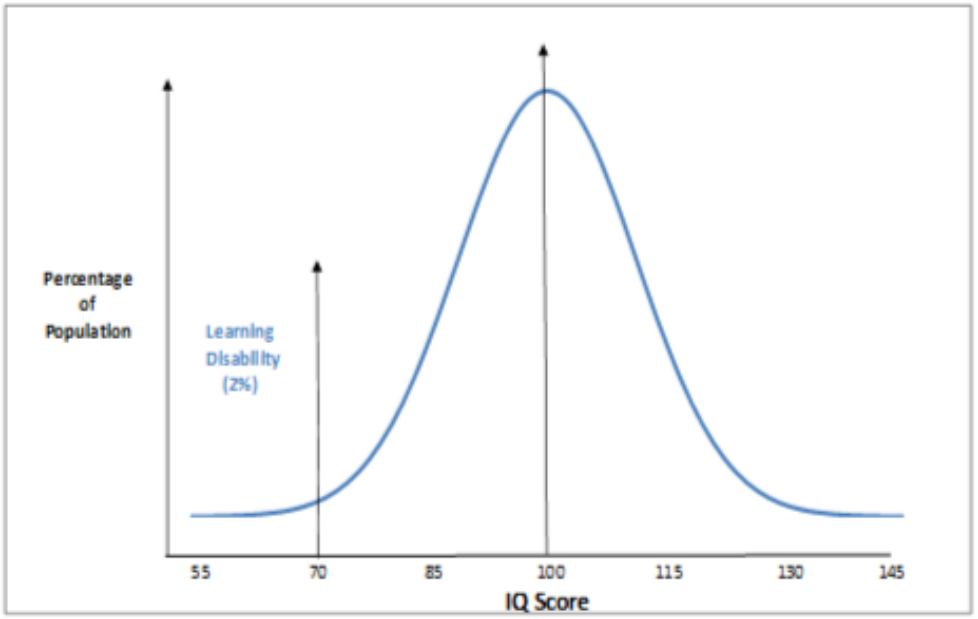
Most people have an IQ score around 100.

People with an IQ score of less than 70 can have a learning disability, **if** they also have problems coping day-to-day and have had their difficulties since they were a child.



What will the results be?

What do you think your IQ score will be?



What happens after the assessment?

We will write up the results in a report.





The report will be for you to take away. You can chose who to show it to.

We will contact you to arrange an appointment to talk through the results of your report.



You can bring a carer or someone you trust to the appointment.



The psychologist will talk to you and your carer/family about how you have done in the assessment.



The psychologist will talk to you and your carer/family about the things that might help you.





The report is private and confidential.



We will talk to you about the report and who you would like to see it before we send it to anyone.

Consent



It's up to you whether you want to do the assessment. No-one can make you do it. The assessment will help us to work out who the best people are to help you if you need any support.



Yes?
We will arrange appointments with you to complete the assessments



No?
If you do not want to do the assessment that is OK.
Just tell us no.

Whatever you decide is ok