How to contact us:

Write to:
Community Learning
Disability Team
1st Floor Friary Centre
St Michaels Court
Trent Valley Road
Lichfield
Staffordshire
WS13 6EF

Write to:
Community Learning
Disability Team
St Georges Hospital
Flanagan Centre
Corporation Street
Stafford
Staffordshire
ST16 3AG

Email CLDTStaffs@mpft.nhs.uk

Telephone: 01785 221576

	IN AN EMERGENCY Monday-Friday between 9.00am-5.00pm. Ring 01785 221576 Ask for your Nurse, Doctor, Occupational Therapy, or Psychologist. If they are not there, ask for the Clinical Co-ordinator.
	On Saturdays, Sundays or Bank Holidays or if it is before 9.00 am or after 5pm: Medical problems call your G.P. (doctor) or NHS 111. Mental Health problems call the Access Team 0300 555 5001. Social Services call 0345 604 2886.
	If you or another person is very ill, please phone 999 and ask for 'Ambulance'. If you or another person is in danger, please phone 999 and ask for 'Police'. If there is a fire, please phone 999 ask for 'Fire Service'.

If you require this information in another language or any other format, please contact Customer Services on 01785 783023 or customer.services@mpft.nhs.uk

Adult Learning Disabilities

NHS
Midlands Partnership University
NHS Foundation Trust

The Adult Community Learning Disability Service



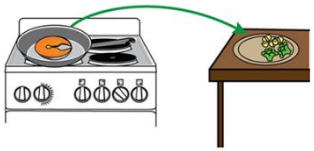
Occupational Therapy
Daily Living Skills Assessment

Daily Living Skills

These are the things we do every day, such as



Washing and dressing



Cooking



Managing money

We would like to find out



What you are good at

What you need help with

We will watch you doing different tasks, such as:



Making a drink

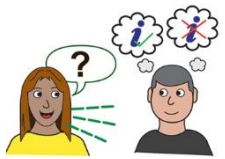


Cleaning

When we have finished, we will



Write a report about your skills



Advise ways to help you