How to contact us:

Write to:

Community Learning Disability Team
The Redwoods Centre
Somerby Drive
Bicton
Shrewsbury
Shropshire
SY3 8DS

Email CLDTShrops@mpft.nhs.uk

Telephone: 01952 457147

IN AN EMERGENCY

	Monday-Friday between 9.00am-5.00pm Please phone the Community Learning Disability Team on 01952 457417 Ask for your Nurse, Doctor, OT, Physio, SLT or Psychologist. If they are not there, ask for the Duty Worker. Someone will talk to you.
	On Saturdays, Sundays or Bank Holidays or if it is before 9.00 am or after 5pm: Medical problems call your G.P. (doctor) or NHS 111. Mental Health problems call the Access Team 0300 124 0365. Social Services call 0345 604 2886.
	If there is an emergency: If you or another person is very ill, please phone 999 and ask for 'Ambulance'. If you or another person is in danger, please phone 999 and ask for 'Police'. If there is a fire, please phone 999 ask for 'Fire Service'.

If you require this information in another language or any other format, please contact Customer Services on 01785 783023, or customer.services@mpft.nhs.uk

Adult Learning Disabilities

NHS
Midlands Partnership University
NHS Foundation Trust

The Adult Community Learning Disability Service



Families Team



We see adults with a learning disability, families and carers and staff teams.



You could bring:

- A partner
- Family
- Friends
- Carers.





People meet with us because when someone feels sad, angry, worried, upset or frightened it will probably change their relationship with people in their lives.



You can come on your own if you want to.



You can bring anyone who is important to you to meet us.



You will meet with one or more people from the Families Team.
One person will talk with everyone.



The other people in the team will mostly listen



Everyone will have a chance to talk



Everyone will have a chance to listen. Listening is as important as speaking.



Taking turns in talking and listening can help people

- To think
- To find new ideas.



Sometimes the Families Team will talk about their ideas while you listen.



The meeting usually lasts 1 hour.



The Families Team meet once a month in Telford.



The Families Team will meet you in a room where the talking can be kept private.



When we talked to people about the service, this is what they said:



“I think we found out a lot about each other and how each of us was dealing with this”
(Family member)



“it's not the same as family discussing you can get other ideas thrown in which was helpful”
(Family member)



“We were supporting each other a lot more after these”
(Staff team)