How to contact us:

Write to:

Intensive Health Outreach Team
The Redwoods Centre
Somersby Drive
Bicton
Shrewsbury
Shropshire
SY3 8DS

Email CLDTShrops@mpft.nhs.uk

Telephone: 01952 457417

IN AN EMERGENCY

	Monday-Friday between 9.00am-5.00pm Please phone the Community Learning Disability Team on 01952 457417 Ask for your Nurse, Doctor, OT, Physio, SLT or Psychologist. If they are not there, ask for the Duty Worker. Someone will talk to you.
	On Saturdays, Sundays or Bank Holidays or if it is before 9.00 am or after 5pm: Medical problems call your G.P. (doctor) or NHS 111. Mental Health problems call the Shropshire Crisis Team – 01743 210210 or Telford Crisis Team – 01952 741880 or 0300 124 0365. Social Services call 0345 604 2886.
	If there is an emergency: If you or another person is very ill, please phone 999 and ask for 'Ambulance'. If you or another person is in danger, please phone 999 and ask for 'Police'. If there is a fire, please phone 999 ask for 'Fire Service'.

If you require this information in another language or any other format, please contact Customer Services on 01785 783023, or customer.services@mpft.nhs.uk

Adult Learning Disabilities

NHS
Midlands Partnership University
NHS Foundation Trust

Intensive Health Outreach Team
What we do



The Redwoods Centre
Shrewsbury



Fuller House Hall Court
Telford

The Adult Community Learning Disability Service

The Intensive Health Outreach Team – *What we do*

Who are we?



- We are a specialist health team.
- We all know how to help adults who have a complex physical health needs and a learning disability.

Community Nursing and Healthcare Support Worker



Help with…

- Deterioration of complex physical health needs
- Epilepsy
- Work with GPs to update LD registers
- Training and education
- Arranging annual health checks
- Planned out of hours care
- Support in hospital, care home and residential setting
- Desensitisation
- Support Acute Liaison Nurses

Dietitian



Help with…

- Healthy eating
- Weight management
- Meal plans
- Training and Education
- Nutritional support

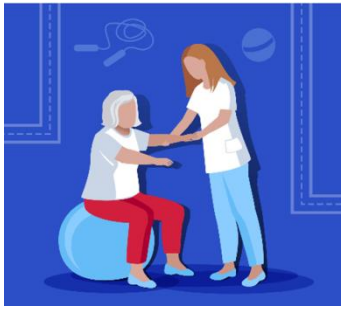
Occupational Therapy



Help with…

- Daily living skills
- Understanding your sensory needs, for example your balance, touch and body awareness.
- Making sure your home is safe
- Equipment

Physiotherapy



Helps with…

- Mobility
- Postural management
- Liaison with hospital physiotherapist
- Falls

Speech and Language Therapy



Helps with…

- Talking
- Listening
- Signing
- Using objects or pictures
- Eating and drinking