How to contact us:

Write to:

Community Learning Disability Team
The Redwoods Centre
Somerby Drive
Bicton
Shrewsbury
Shropshire
SY3 8DS

Email CLDTShrops@mpft.nhs.uk

Telephone: 01952 457417

IN AN EMERGENCY

	Monday-Friday between 9.00am-5.00pm Please phone the Community Learning Disability Team on 01952 457417 Ask for your Nurse, Doctor, OT, Physio, SLT or Psychologist. If they are not there, ask for the Duty Worker. Someone will talk to you.
	On Saturdays, Sundays or Bank Holidays or if it is before 9.00 am or after 5pm: Medical problems call your G.P. (doctor) or NHS 111. Mental Health problems call the Access Team 0300 124 0365. Social Services call 0345 604 2886.
	If there is an emergency: If you or another person is very ill, please phone 999 and ask for 'Ambulance'. If you or another person is in danger, please phone 999 and ask for 'Police'. If there is a fire, please phone 999 ask for 'Fire Service'.

If you require this information in another language or any other format, please contact Customer Services on 01785 783023, or customer.services@mpft.nhs.uk

Adult Learning Disabilities

NHS
Midlands Partnership University
NHS Foundation Trust

The Adult Community Learning Disability Service



Confidentiality and Consent



A psychologist or counsellor can meet you somewhere private.



We will keep what you say private.



We will only tell someone what you talk about if you say that it is ok do so.

We have to tell someone if:



Someone one is hurting you.



You are going to hurt someone.



You are going to hurt yourself.



You are in danger or someone else is in danger.



There are rules to keep people safe when seeing us.



We say this to everyone to keep everyone who uses the building safe.



We will treat you with respect, and we ask you to treat us with respect



We will let your GP know you are seeing us but we will not tell them about what we talk about.





When you come to see a psychologist if you have been using alcohol or drugs, or if you threaten us, we will not be able to see you.



We can write to other people if you want us to.



You can see these letters



If you can't read, we will help you.



You may be receiving support from other people. It may be helpful for us to talk to them.

Name	**Relationship**
_____	_____
_____	_____
_____	_____
_____	_____



You can say "No"